

Name: \_\_\_\_\_

### **Nutrient Pamphlet Assignment**

Students are to create a pamphlet about their pre-assigned nutrient. The pamphlet will be worth a total of 20 points.

The pamphlet is to include:

- Name of nutrient
- Pictures related to nutrient
- Foods the nutrient can be found in
- Benefits the nutrient has on the body
- Negatives the nutrient might have on the body
- Other important information/facts
- Site Sources used

Make sure the pamphlet is put together with time and effort, which means it should be neat and presentable.

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