## Mrs. Moseng – Health Class

• Welcome!

Please take a seat



### **Today's Plan**

- Attendance
- Game Activity
- Rules & Policies Powerpoint

## Name Game Activity

#### Mrs. Moseng

- 9 years teaching
- PE & Health
- Graduated –Ripon
- Clintonville HS
- Live in Hobart
- Coach Track
- Family

www.phshealth1.weebly.com

#### **Materials**

- Folder
- Writing utensil
- Notebook for taking notes
- Notebook Reflection Journal



- Personal Health & Safety
- Consumer /Community Health
- Mental/Emotional/Social Health
- Substance abuse
- Nutrition
- Human Growth and Development
- Environmental Health







- Respect
- Do not talk while others are talking
- To class on time
- Food Healthy & no mess left
- Cellphone use
- Seating Chart...

Why do rules have such power over our minds?





- First Offense Verbal Warning
- Second Offense Re-assignment of seating
- Third Offense Parent notification & Referral
- Fourth Offense Further parent communication & office referral, may be sent to office



#### Cellphones

- Your Time/Our Time
- Cell phone turned off and put away

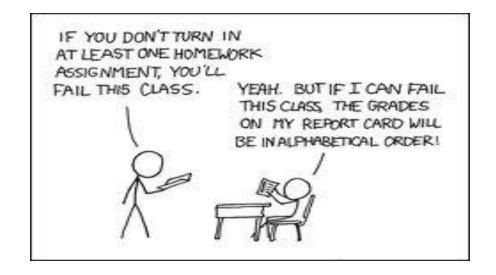
### **Cell Phone Policy**

- 1<sup>st</sup> Turn in phone to Mrs. Moseng & pick up in Attendance Office at end of the day
- 2<sup>nd</sup> Turn in phone to Mrs. Moseng, pick up in Attendance Office = 2 lunch detentions
- 3<sup>rd</sup> Turn in phone to Mrs. Moseng, referral, parent picks up phone = no phone allowed in class
- 4<sup>th</sup> Turn in phone to Mrs. Moseng, referral, parent meeting & possible OSS

### GRADING

#### Grading Scale:

- A 100 91.5
- A- 91.49 89.5
- B+ 89.49 87.5
- B 87.49 81.5
- B- 81.49 79.5
- C+ 79.49 77.5
- C 77.49 71.5
- C- 71.49 69.5
- D+ 69.49 67.5
- D 67.49 61.5
- D- 61.49 59.5
- F 59.49 0



#### **Grading Percentages:**

- Participation 15%
- Homework 50%
- Tests/Quizzes 25%
- Current Events 5%
- Reflections 5%
- Semester Project onto 4<sup>th</sup> quarter grade & graded into Homework category

### LATE WORK

 For each day that homework is late you lose 10% of the total points possible for that assignment.



### **Extra Credit Option**

Can be completed anytime throughout the semester

Can only complete 2 per quarter

Rock, Paper, Scissors Game

#### **Reflection Journal**

What do you expect to learn in this class?

 Is there anything specifically that you would like to learn about?



 3 current events throughout the semester (15 points each)

- Find a <u>recent</u> Health related article/current event (w/in past 3 months)
- From a <u>Local Newspaper</u>(not an internet sources)

 Bring the article to class to be handed in.

 Write a ½ page <u>TYPED</u> summary about your article.

- Paper should include:
  - Summary of your article
  - Why you chose the article
  - What did you find interesting about the article
  - How does the article relate to Health

Give a short presentation of your article to the class

### **Choose Current Event Days**

1 by Monday, March 21<sup>st</sup> for third quarter

Final 2 done by Monday, May 23<sup>rd</sup>

# "ME" Poster

### **Semester Project**

